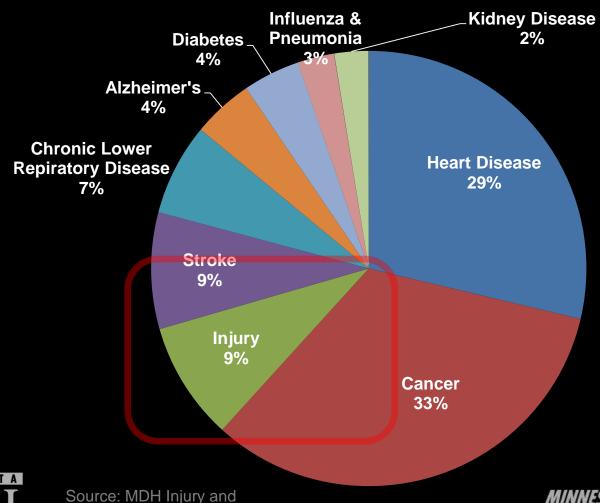
Surviving the Crash: The Fourth E

Well, not so much this one, but the next.





Leading Causes of Death in Minnesota





Source: MDH Injury and Violence Prevention Unit



Designation Levels



Definitive care for all trauma patients



Definitive care for most patients



Definitive care for some; most major trauma stabilized and transferred

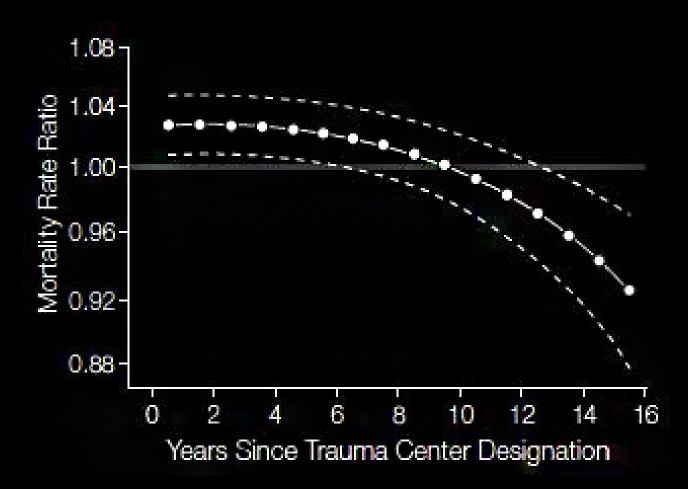


Major trauma stabilized and transferred



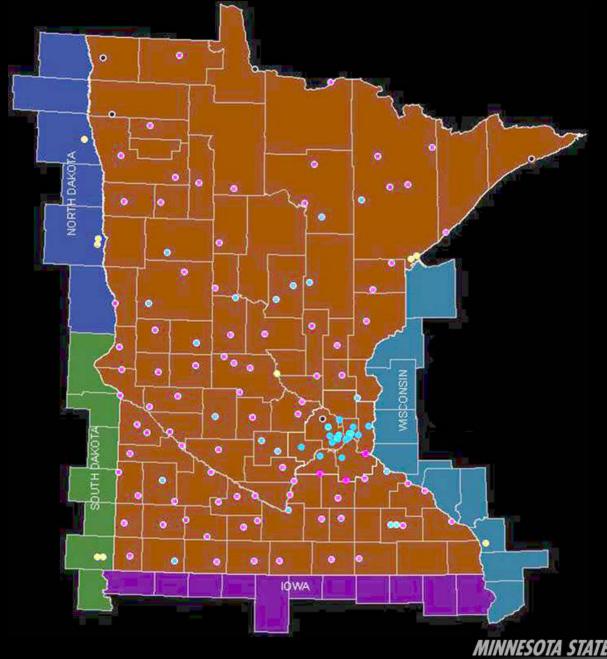


Crash Mortality





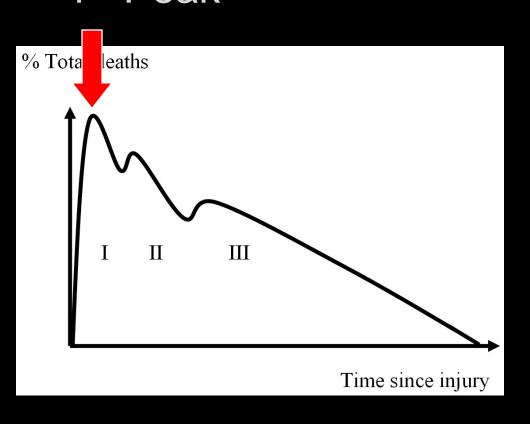






MINNESOTA STATEWIDE TRAUMA SYSTEM

Tri-modal Death Distribution 1st Peak



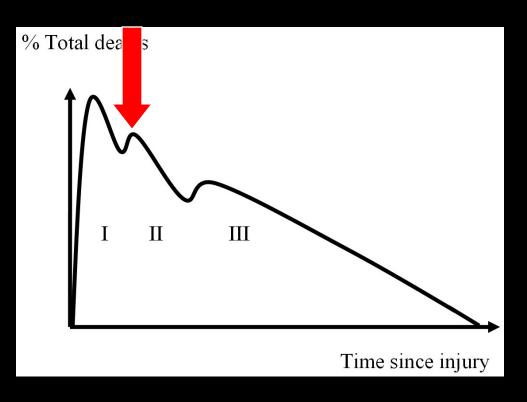
- Massive brain injury
- High spinal cord injury
- Major vessel disruption

Remedy: Injury prevention





Tri-modal Death Distribution 2nd Peak



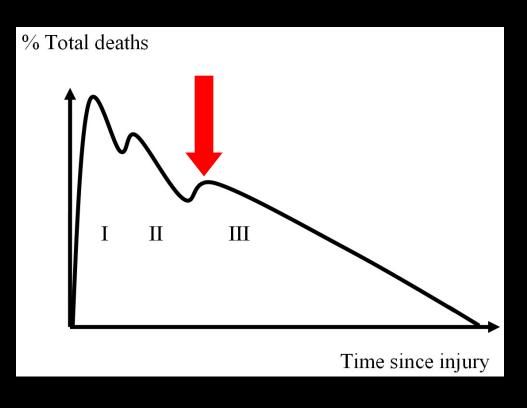
- Brain injury
- Major chest injury
- Massive blood loss
- Ruptured spleen/liver
- Fractured pelvis

Remedy: Rapid recognition, Immediate care





Tri-modal Death Distribution 3rd Peak



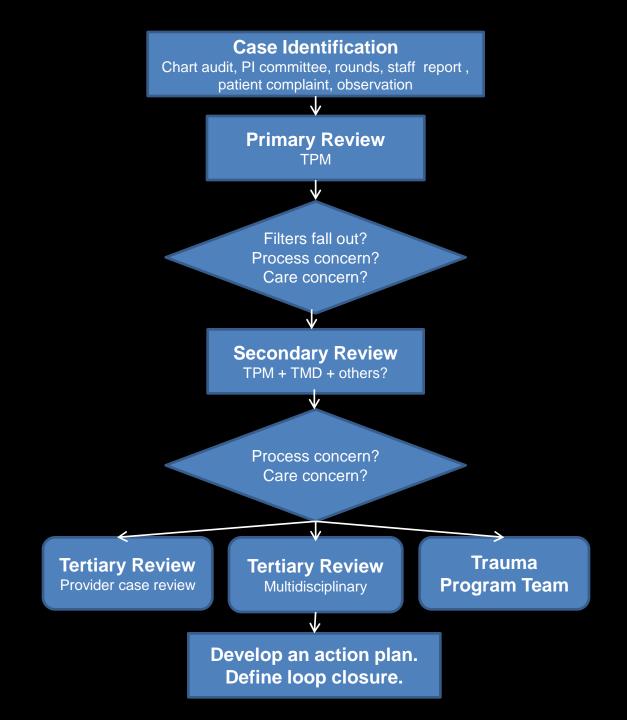
- Infection
- Organ failure

Remedy: Effective system of care

Performance Improvement







Performance Standards

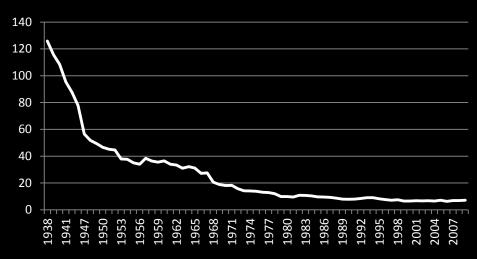




Hours Flown



Accident Rate





Source: Aircraft Owners and Pilots Association



- T-bone crash
- 2 vehicles
 - Vehicle #1: 3 injured
 - Vehicle #2: Fatal





- 22 year old female
- Belted driver
 - Estimated 40 mph





Observations & Assessment

- Alert, anxious
- Short of breath, painful respirations
- R side chest pain

- R lung sounds diminished
- Belly soft, diffusely tender

BLOOD PRESSURE (mm/Hg) $SpO_2\%$ 142/88 96 HEART RATE RESPIRATIONS 126 20





Treatments

- IVs, O₂
- Collar, spine board
- Code 3 to local level 4 trauma center





At the local trauma center...

- Anxious
- Pale, sweaty
- Short of breath

- Trauma Team Activation
- Warm
- Blood draw
- X-rays





BLOOD PRESSURE (mm/Hg) SpO $_2$ % 96

HEART RATE RESPIRATIONS 20

BLOOD PRESSURE (mm/Hg) SpO₂%

112/78 98

HEART RATE RESPIRATIONS

136 24





BLOOD PRESSURE (mm/Hg) $SpO_2\%$ 96HEART RATE RESPIRATIONS 20

BLOOD PRESSURE (mm/Hg) SpO $_2$ % 98

HEART RATE RESPIRATIONS 24

BLOOD PRESSURE (mm/Hg) SpO₂% 89
HEART RATE RESPIRATIONS 28





You are Here % Total deat П Ш Time since injury

Remedy: Rapid recognition, Immediate care





BLOOD PRESSURE (mm/Hg) SpO $_2$ % 96 HEART RATE RESPIRATIONS 20

BLOOD PRESSURE (mm/Hg) SpO $_2$ % 98

HEART RATE RESPIRATIONS 24

BLOOD PRESSURE (mm/Hg) $${\rm SpO_2\%}$$

96/6889

HEART RATE RESPIRATIONS

142 28

BLOOD PRESSURE (mm/Hg) SpO₂%

108/78 94

HEART RATE RESPIRATIONS

110 20







- Air-lifted to level 1 trauma center
- Discharged home after 5 days



Performance Improvement

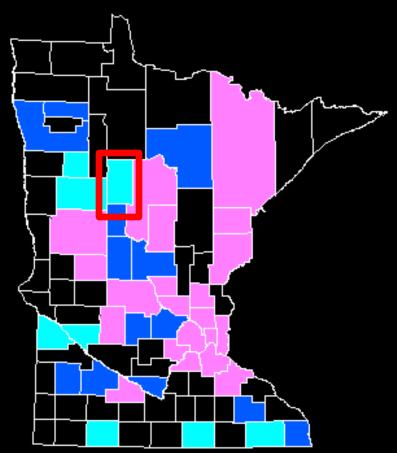
Review the care

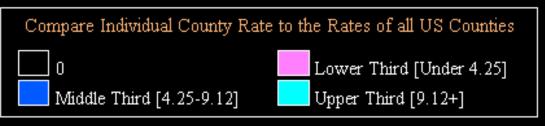
Review the crash





Fatalities in Crashes Involving an Alcohol-Impaired Driver (BAC = .08+) per 100,000 Population







Source: National Highway Traffic Safety Administration

