

# Age Well – Drive Well

# **Engineering our Highways** for Older Drivers in Minnesota

**Jeff Marlowe** May 1, 2015



















# Statistics

- Older drivers are over-represented crashes
  - Approx. 50% of all fatal crashes involving a driver 80 years or older occur at intersections
  - Compared to 23% for drivers 50 or less
  - Older drivers were involved in only 8% of all traffic crashes in 2011 but accounted for 21% of the traffic fatalities.















# Factors that affect Older Drivers and Their Safety



















### **Physical Changes**

- Strength
- Flexibility
- Range of motion



















# **Vision Changes**

- Visual acuity
- Contrast sensitivity
- Glare sensitivity





















### **Cognitive Changes**

- Working memory
- Selective attention
- Processing speed





# Some Engineering Solutions















# What is good for older drivers is generally good for all drivers.

















### **Specific Focus Areas**

- Reduce Opportunities for Crashes (Intersection Conflict Points)
- Make the Turning Movement Easier
- Increase Intersection Recognition
- Increase Sign Visibility
- Improve Contrast
- Improve Signal Systems















# **Reducing Conflict Points**



CONFLICTS





# Solution: Make the Turning Movement Easier

Anything you do to simplify the operation of an intersection, *particularly the demands on left-turn traffic,* is an elderly mobility countermeasure.

















### Realign skewed intersections







### NCHRP Report 572-Roundabouts in the US (2007)

Intersection Type	Change in Total Crashes after Conversion	Change in Severe Injury after Conversion
All Four-Way Intersections	-35%	-76%
Signalized urban	SIMILAR	-60%
Signalized Suburban	-67%	TOO FEW
All-Way Stop Controlled	SIMILAR	SIMILAR
Two-Way Stop Controlled Urban	-72%	-87%
Two-Way Stop Controlled Suburban	-32%	-71%
Two-Way Stop Controlled Rural	-29%	-81%





# Solution: Intersection Recognition



















#### Intersection Recognition

#### • Flasher beacons on signs











#### **Rural Intersection Lighting**

















#### Advance street name signs





# Solution: Increased Sign Visibility



















#### Increased Sign Visibility

- Larger Signs
- Open Lettering Study





















# **Retroreflective Signs**

- Brighter signs
  - Prismatic sheeting that returns nearly twice as much reflected light























# **Use of Color**

 Use fluorescent yellow or fluorescent yellow-green for <u>ALL</u> yellow signs







# **Identify Curves**

#### • Use chevrons to delineate curves.



















# Solution: Improve Contrast



















#### Improve Contrast

• Rumble stripes





















#### Improve Contrast

Contrast markings













# Solution: Signal Improvements

















#### Signal improvements

- LED signals
  - Brighter than incandescent bulbs
- Background shields
  - Easier to see in cluttered environments
- Left turn signal phases
  - protects left turners from opposing traffic
- All-red clearance intervals
  - Extra time to insure the intersection is clear







#### Signal improvements

- 12" Lens
- Mast arms instead of span wire
- Supplemental signal heads
  - always 2 signal indications for left turn

















# Questions?









 $\mathbf{+}$ 









# **Contact Information**

- MnDOT Office of Traffic, Safety and Technology
- Peter Buchen

Peter.Buchen@state.mn.us

• Julie Whitcher

Julie.Whitcher@state.mn.us











