We Can Stop the Fire! How to Stop Adding Fuel to the Fire: Verbal De-escalation Skills Presented by: Donelle Hintermeister, Minnesota State Patrol





Audiences are made, not found. – Aristotle

- Words
- •Tone/Voice
- Non-verbals

Words

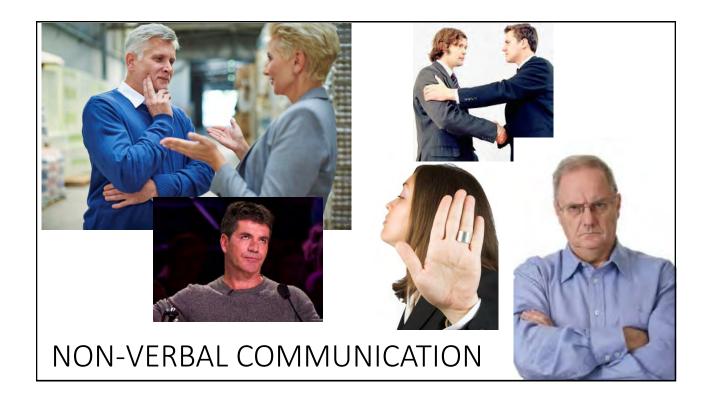


- Calm down
- It's not that bad
- Can't
- It's not that big of a deal
- You have to...

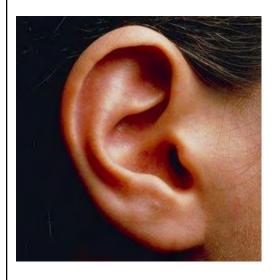


- How can I help you....
- Get and use their name
- I understand... I can see why
- Thank you/Please
- Let me see what I can find out.



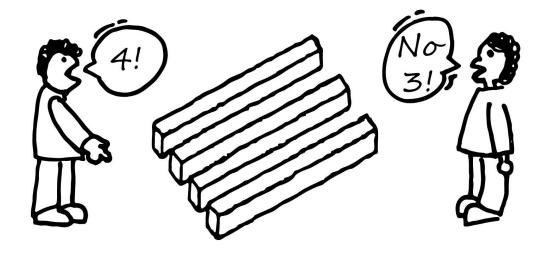


Listen



- Active Listeningemotion and facts
- Stop when they circle back
- Pen and paper

Acknowledge



Apologize

- I'm sorry this situation is so frustrating for you.
- I'm sorry that your computer crashed when you were trying to contact us.





